

SAMPLE MENU

BREAKFAST 7:30-8:30AM

JUICE (APPLE/ORANGE) MILK & CEREALS (WEET-BIX, RICE BUBBLES, CORN FLAKES & JUST RIGHT) TOAST & SPREADS (MARGARINE, STRAWBERRY JAM, HONEY & VEGEMITE) HOT BREAKFAST COMPONENT E.G. SCRAMBLED EGGS & HASH BROWNS

MORNING TEA 10:30AM

BANANA & CINNAMON CAKE WITH FRUIT BOWL (APPLES/BANANAS)

LUNCH 12:30-1:30PM

WATER JUGS WARMED SHREDDED CHICKEN & SALAD WRAPS W/MAYO

AFTERNOON TEA 3PM

COOKIE SLICE WITH FRUIT BOWL (APPLES/BANANAS)

DINNER & DESSERT 6-7:15PM

CORDIAL JUGS NACHOS - MEXICAN MINCE WITH THE LOT! BROWNIE ICE CREAM

COFFEE, TEA & BISCUITS AVAILABLE AT ALL TIMES FOR TEACHERS