

SAMPLE MENU

BREAKFAST 7:30-8:30AM

JUICE (APPLE/ORANGE)

MILK & CEREALS (WEET-BIX, RICE BUBBLES, CORN FLAKES & JUST RIGHT)

TOAST & SPREADS (MARGARINE, STRAWBERRY JAM, HONEY & VEGEMITE)

HOT BREAKFAST COMPONENT E.G. SCRAMBLED EGGS & HASH BROWNS

MORNING TEA 10:30AM

JBANANA & CINNAMON CAKE WITH FRUIT BOWL (APPLES OR BANANAS)

LUNCH 12:30-1:30PM

WATER JUGS

CHICKEN & SALAD WRAPS

AFTERNOON TEA 3PM

COOKIE SLICE WITH FRUIT BOWL (APPLES OR BANANAS)

DINNER & DESSERT 6-7:15PM

CORDIAL JUGS

CHICKEN SCHNITZEL WITH WEDGES, HONEY CARROTS & BROCCOLI

BROWNIE ICE CREAM

COFFEE, TEA & BISCUITS AVAILABLE AT ALL TIMES FOR TEACHERS